

# OUR GOAL IS YOUR RECOVERY

Our holistic approach to addiction treatment provides a continuum of care that begins with asking for help and continues through to recovery housing. In addition to our state-of-the-art facilities in Columbus, Marysville, and Lima, Ohio, we work with a network of community partners to provide our clients housing in dignified, single family homes with clinical support, community engagement, and workforce development, all of which are key factors to helping a person stay sober.

**NEED HELP? CONTACT US AT [info@lighthousebhsolutions.com](mailto:info@lighthousebhsolutions.com)**



## WHITEHALL

4000 E. Main Street  
Columbus, OH 43213  
(614) 334-6903

## MARYSVILLE

104 N. Main Street  
Marysville, OH 43040  
(937) 537-5100

## REYNOLDSBURG

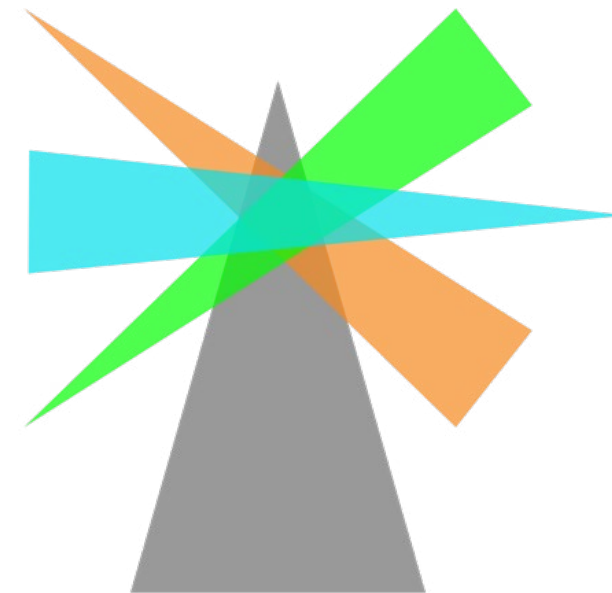
6895 E. Main Street  
Reynoldsburg, OH 43068  
(614) 845-7500

## LIMA

924 N. Cable Road  
Lima, OH 45805  
(419) 969-3125



Lighthouse Behavioral Health Solutions  
[info@lighthousebhsolutions.com](mailto:info@lighthousebhsolutions.com)  
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# LIGHTHOUSE

BEHAVIORAL HEALTH SOLUTIONS



ANCHOR  
PHP

## ANCHOR PHP

**PARTIAL HOSPITALIZATION (PHP)**  
**20+ hrs of holistic, clinically intensive programming each week**

Each clients' treatment plan is tailored to the individual, and considers the whole person and not just his or her addiction.

Our Partial Hospitalization Program is geared toward those with less sobriety time and significant issues with substance use disorder and mental health. Our PHP clients see LBH nurses every day for a vital check and our

Psychiatric Nurse Practitioner weekly to ensure stabilization on medications. PHP runs 5 days a week for 5 hours a day. In this group clients will gain education and basic tools to give them a fighting chance within their first 30 days of sobriety.



BEACON  
OUTPATIENT

## BEACON OUTPATIENT

**INTENSIVE OUTPATIENT (IOP)**  
**9-19 hrs of structured programming each week**

We utilize a step-down approach in which clients begin at 5 days per week, and then move to 4, and finally 3 days per week. During the duration of IOP, every client will be assigned an individual counselor who they will meet with weekly. Our counselors specialize in EMDR, Eating Disorders, DBT, CBT, Trauma Informed Care, Schema Therapy, and LGBTQ+ issues.

**OUTPATIENT MENTAL HEALTH AND/OR SUBSTANCE USE DISORDER (OP)**

Our OP is for those moving through stages of change and no longer require PHP and IOP. These services are also available to those who are stable, but for whom on-going monitoring is beneficial to their continued recovery.

**We are in-network for Medicaid, all Medicaid-managed care plans, and most commercial insurance plans. Not yet signed up for Medicaid? We will help you enroll.**



HARBOR  
RESIDENCES

## HARBOR RESIDENCES

Through a network of community partnerships, we are able to provide our clients with housing and financial stability during the recovery process, which allows them to focus on healthy living and realize their inherent potential.

We believe that providing basic needs, such as housing and financial stability during the fight for your life, will only increase your chances of success. Lighthouse provides peer support and case management to all those living in recovery residences.

